Love Lifted Me Recovery Ministries

Ephesians 6:10-17

10. Finally, my brethren, be **STRONG IN THE LORD**, and in **the power of His MIGHT**

- Isaiah 40:29-31 "He gives ______ to the weary, and to him who lacks ______ He increases power. Though youths grow weary and tired, and vigorous young men stumble badly, yet those who wait for (put their TRUST in) the Lord will gain new ______; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary."
- Colossians 1:10-11 "That you may have a walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; ______with all ______, according to His glorious ______, for all patience and longsuffering with joy."
- Ephesians 3:16 "That He would grant (give) you, according to the riches of His glory, to be_____ with _____ though His _____ in the_____ ."

11. Put on the whole ARMOR of God, that you may be able to stand against the **wiles of the devil**.

• Romans 13:12 "The night is far spent, the day is at hand. Therefore let us cast off the works of ______, and let us put on the ______ of light."

Definition: "WILES of the devil" - "Wiles" means schemes, trickery, deception. Satan is the COUNTERFEITER - he COUNTERFEITS God's truth, and makes it LOOK GOOD. Satan usually has just enough truth **mixed in with his lies** that people accept the LIE. This is like putting POISON in food or drink that TASTES good, so that the person will not know they are BEING POISONED until it is TOO LATE.

- **II Cor. 11:3-4** "But I fear, lest somehow, as the serpent _____ Eve by his _____, so your minds may be ______ from the simplicity and purity of Christ. For if he who comes preaches ______ which you have not received, or a _____ GOSPEL which you have not accepted, you may will put up with it (be tricked by it)."
- **I Timothy 4:1** "Now the Spirit expressly says that in latter times (the last days, before Jesus returns) some will depart from the faith, giving heed to _____ and DOCTRINES (teachings) of _____ ."
- II Cor. 11:13-15 "For such [men] are _____ apostles, _____ workers, _____ themselves into (disguising themselves as) apostles of Christ. And no wonder! For _____ himself _____ himself into an _____ of _____. Therefore it is not great thing (not surprising) if his ______ also _____ (disguise) themselves into ministers of righteousness; whose end shall be according to their works."

12. For we do **NOT** wrestle against **flesh and blood**, but against **principalities**, against **powers**, against the **rulers of the darkness** of this age, against **spiritual** hosts of **wickedness** in the heavenly places.

- Revelation 12:7-11 "And war broke out in heaven, Michael and his ANGELS fought against the dragon; and the _____ and his _____ fought, and they did not prevail (were not strong enough), nor was a place found for them in _____ any longer. So the great dragon was cast out (thrown down), that serpent of old, [who is] called the _____ and _____ , who _____ the whole world; he was cast (thrown down) to the Earth, and his _____ were cast out with him."
- I Corinthians 2:6-8 "However, we speak wisdom among those who are mature, yet not the of this ______, not of the _____ of this mystery, the _____ wisdom which

God ordained _____ the ages for our glory, which none of the _____ of _____ _____ knew; for had they know, they would not have crucified the Lord of glory."

 Colossians 1:13 "He delivered us from the power (KINGDOM) of _____ and translated us into the _____ of the Son of His love."

Definition: "WRESTLE not against FLESH and BLOOD" - Our struggle and warfare is NOT against HUMAN ENEMIES, but against the spiritual forces of EVIL (demons) that are INFLUENCING those people.

13. Therefore take up the **whole armor of God**, that you may be able to withstand the **evil day**, and having done all, to stand.

II Corinthians 10:3-5 "For though we walk in the flesh, we do not ______ according to the flesh. For the ______ of our ______ are not carnal (merely HUMAN) but mighty in God for pulling down ______, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into ______ to the obedience of Christ."

Definition: "**THE ARMOR OF GOD**" - Paul uses the illustration of the armor or the Roman soldier of that time. The armor protected the most VITAL parts of the soldiers body.

Definition: "THE EVIL DAY" - The times in which we live - the world in which we live. Satan is still running around loose in our world, so he is still **creating EVIL**, until Jesus comes again and throws him in the bottomless pit during His thousand-year reign on Earth, and then finally Jesus throws Satan into the Lake of Fire (hell). Revelation 20:1-3 & 10

- Revelation 12:12 "For this reason rejoice, O Heavens, and you who dwell in them. Woe to the _____ and the sea; because the _____ has come down to you, having great wrath, knowing that he has only a _____ time."
- Ephesians 5:15-16 "See then that you walk circumspectly, not as _____ but as _____, redeeming the time, because the days are _____."
- I John 5:19 "We know that we are of God, and the _____ lies under the sway (POWER) of the _____ ."

14-15. Stand, therefore, having **girded your waist with TRUTH**, having put on the **BREASTPLATE of RIGHTEOUSNESS**, and having **shod your feet** with the preparation of the **gospel of peace**.

Definition: "**BELT OF TRUTH**" - This was a WIDE BELT on which hung all the weapons of the Roman soldier. In our lives, if we do not **SOLIDLY KNOW God's TRUTH**, the weapons will not work - everything will fall to pieces.

- John 8:32 "And you shall _____ the _____, and the _____ shall make you _____."
- I John 5:18 "We know that whoever is born of God does not sin (constant, habitual sin); but he who has been born of God _____ (GUARDS) himself, and the _____ one does not _____ him."

Definition: "**BREASTPLATE OF RIGHTEOUSNESS**" - The breastplate was the part of the armor that **protected the HEART**. In the Bible, the heart usually represents our **EMOTIONS**. If we have a good understanding of the righteousness of God, and **the FACT that WE ARE RIGHTEOUS** because of what JESUS DID on the cross, it will protect our emotions - protect us from FEELINGS of inadequate or worthless in God's eyes.

- **II Corinthians 5:21** "For He (God the Father) made Him (Jesus) who knew no sin to be sin ______, that _____ might become the _____ of God in Him."
- Isaiah 59:17 "And he put on _____ like a _____ and a helmet of salvation on His head."

Definition: "**FEET shod with the GOSPEL**" - Having our feet shod means having shoes on, and being **READY TO GO**. We should be **ready at all times** to GO AND SHARE THE GOSPEL.

- **Isaiah 52:7** "How lovely on the mountains are the _____ of him who brings good news (the GOSPEL), who announces _____ , and says to Zion, 'Your God reigns !"
- I Peter 3:15 "But sanctify the Lord God in your ______, and always be ______ to give a ______ to everyone who asks you a reason for the ______ that is in you, with meekness and fear (reverence)."

16. Above all, taking the **SHIELD of faith** with which you will be able to quench all the **fiery darts** of the **wicked one**.

Definition: "SHIELD of FAITH" and **"FIERY DARTS of the WICKED ONE"** - We must USE OUR FAITH to ward off the DOUBTS, ANXIOUS THOUGHTS OR SINFUL THOUGHTS that Satan throws at us like "fiery arrows." Be careful - Satan will not announce that these doubts and sinful thoughts are from him, but will make them seem like YOUR OWN thoughts.

- Hebrews 11:6 "For without ______ it is impossible to please Him; for he who comes to God must ______ that He is, and that He is a rewarder of those who diligently seek Him."
- **Romans 1:17** "For in it the righteousness of God is revealed from faith to faith; as it is written, 'But the righteous man shall _____ by _____."
- Psalm 5:12 "For You, O Lord, will bless the _____; with favor (God's grace) You will _____ him as with a _____."

17. And take the **helmet of salvation**, and the **sword of the Spirit**, which is the **word of God**;

Definition: "**HELMET of SALVATION**" - The helmet protects the **HEAD**, **MIND**, our **thought life**. Our SALVATION brings with it a RENEWING of our MINDS, conforming us to the MIND of CHRIST. The battle of TEMPTATION is also **fought in the MIND**, because any sinful act that we commit FIRST BEGINS as a SINFUL THOUGHT.

- James 1:14-15 "For each one is ______ when he is drawn away by his own ______ and enticed (by THINKING about it). Then, when desire has conceived, it gives birth to ______; and sin, when it is full-grown, brings forth ______."
- **II Corinthians 10:3-5** "For though we walk in the flesh, we don not ______ according to the flesh. For the ______ of our warfare are not carnal (merely HUMAN) but **mighty in God** for pulling down ______, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every ______ into _____ to the ______ of Christ."
- Isaiah 59:17 "And He put on righteousness like a breastplate, and _____ of _____ on His head."

Definition: "SWORD of the SPIRIT" - The sword is a weapon of OFFENSE, whereas all the armor so far has been DEFENSE. When we SPEAK the WORD of God OUT LOUD, it is a WEAPON against Satan, especially when we PRAISE God out loud.

- **Hebrews 4:12** "For the _____ of the living and _____, and _____ than any twoedged _____, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart."
- Matthew 4:8-11 "Again the ______ took Him up on an exceedingly high mountain, and showed Him all the kingdoms of the world and their glory. And he said to Him, 'All these things I will give You if You will fall down and worship me.' Then Jesus said to him, 'Away with you, _____ ! For it is _____, 'You shall worship the Lord your God, and Him only you shall serve.' Then the _____ left Him, and behold, angels came and ministered to Him."

*** When Jesus was tempted by Satan, he **spoke scripture, the word of God**, OUT LOUD to Satan. We are to follow His example.

• James 4:7 "Therefore submit to God. _____ the _____ , and he will flee (run away) from you."